

Learn how to dance THRILLER



8 Dance Sections:

1. Zombie March – repeats 3 times
2. March Booty Swim – repeats 2 times
3. Shuffle Ha Slide – repeats 4 times
4. Hip N' Roar – repeats 2 times
5. Wuz Up – repeats 2 times
6. Oh Snap Rock On – repeats 2 times
7. Head N' Shoulders – repeats 2 times
8. Stomp – repeats 2 times

Official Thriller Dance Sequence:

1. Zombie March
2. March Booty Swim (1st verse)
3. Shuffle Ha Slide
4. Hip N' Roar
5. Wuz Up

3. Shuffle Ha Slide (2nd verse)
6. Oh Snap Rock On
7. Head N' Shoulders
8. Stomp

3. Shuffle Ha Slide (3rd verse)
6. Oh Snap Rock On
7. Head N' Shoulders
8. Hip N' Roar

1. Zombie March (Vincent Price Rap)
2. March Booty Swim
5. Wuz Up
1. Zombie March
8. Stomp

The 8 Sections Broken Down

1. Zombie March

(Forward) Right Left Right Left
(Take-It-Back) Right Left Right Left
(To-The-Front) Right Left Right Left
(Take-It-Back) Right Left Right Left

2. March Booty Swim (*Use Your Right Shoulder)

(Forward) *Shoulder Step Nothing Step *Shoulder Step
*Shoulder Step
(Back) *Shoulder Step Nothing Step *Shoulder Step *Shoulder
Step
(Step) Booty Bounce (Together) Booty Bounce
(Step) Booty Bounce (Together) Booty Bounce
Swim Together Swim Jump (Hold)
Swim Together Swim Jump

3. Shuffle Ha Slide

Shuffle Back Hop Hop Forward
Turn Look Stare Stare
Down Ha Down Ha Down Ha Down Ha
Down Clap Slide Slide Slide Stomp And Shoulders Look Left
Down Clap Slide Slide Slide Stomp And Shoulders And Prep

4. Hip N' Roar

Right Hip Right Hip Right Hip In Out
Left Hip Left Hip In And Roar
Walk Walk Roar-Turn Roar-Turn Roar-Turn
Walk Walk Roar-Turn Roar-Turn
Jump And Land Circle
Shake-It-And-A-Uppa And A Shake-It-And-A-Uppa
Stomp Stomp Stomp Look Left
Walk Left Right Left And Turn

5. Wuz Up

(Forward On Right Leg) Wuz Up 1-2-3
Left Right 1-2-3
(Take-It-Back) Right Left 1-2-3
Left Right 1-2-3

6. Oh Snap Rock On

Oh Snap 2-3-4-5-6-7-8
Jump Snap 2-3-4-5-6-7-8
Jump Reach Air Guitar To The Right
Tick Tock Tick Tock
Rock On Rock On Rock On Rock On
Grab Pull In Punch Punch Punch Down

7. Head N' Shoulders

Hold Hold Right Left Head-Head
Shoulders Knees.. And Toes
Hold And Point Hold And Point And Point
Hold And Pose Hold Head-Head
Hold And Hip And Hands
Walk Left Right Left Star Down
Hold 2-3-4 And Pose And Pose
Rise 2-3-4

8. Stomp

Stomp 2-3-4-5-6 Look Left
Walk Left Right 3-4-5-6-7-8
Stomp 2-3-4-5-6 Look Left
Walk Left Right 3-4-5-6-7-8
Down 2-3-4 Rise 2-3-4

Now get ready to put it all together....

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Official Thriller Dance Script

Zombie March

(Forward) Right Left Right Left
(Take-It-Back) Right Left Right Left
(To-The-Front) Right Left Right Left
(Take-It-Back) Right Left Right Left

March Booty Swim *Use Your Right Shoulder

(Forward) *Shoulder Step Nothing Step *Shoulder Step
*Shoulder Step
(Back) *Shoulder Step Nothing Step *Shoulder Step *Shoulder
Step
(Step) Booty Bounce (Together) Booty Bounce
(Step) Booty Bounce (Together) Booty Bounce
Swim Together Swim Jump (Hold)
Swim Together Swim Jump

Shuffle Ha Slide

Shuffle Back Hop Hop Forward
Turn Look Stare Stare
Down Ha Down Ha Down Ha Down Ha
Down Clap Slide Slide Slide Stomp And Shoulders Look Left
Down Clap Slide Slide Slide Stomp And Shoulders And Prep

Hip N' Roar

Right Hip Right Hip Right Hip In Out
Left Hip Left Hip In And Roar
Walk Walk Roar-Turn Roar-Turn Roar-Turn
Walk Walk Roar-Turn Roar-Turn
Jump And Land Circle
Shake-It-And-A-Uppa And A Shake-It-And-A-Uppa
Stomp Stomp Stomp Look Left
Walk Left Right Left And Turn

Wuz Up

(Forward On Right Leg) Wuz Up 1-2-3
Left Right 1-2-3
(Take-It-Back) Right Left 1-2-3
Left Right 1-2-3

Shuffle Ha Slide

Shuffle Back Hop Hop Forward
Turn Look Stare Stare
Down Ha Down Ha Down Ha Down Ha
Down Clap Slide Slide Slide Stomp And Shoulders Look Left
Down Clap Slide Slide Slide Stomp And Shoulders Look Left

Oh Snap Rock On

Oh Snap 2-3-4-5-6-7-8
Jump Snap 2-3-4-5-6-7-8
Jump Reach Air Guitar To The Right
Tick Tock Tick Tock
Rock On Rock On Rock On Rock On
Grab Pull In Punch Punch Punch Down

Head N' Shoulders

Hold Hold Right Left Head-Head
Shoulders Knees And Toes
Hold And Point Hold And Point And Point
Hold And Pose Hold Head-Head
Hold And Hip And Hands
Walk Left Right Left Star Down
Hold 2-3-4 And Pose And Pose
Rise 2-3-4

Stomp

Stomp 2-3-4-5-6 Look Left
Walk Left Right 3-4-5-6-7-8
Stomp 2-3-4-5-6 Look Left
Walk Left Right 3-4-5-6-7-8
Down 2-3-4 Rise 2-3-4

Shuffle Ha Slide

Shuffle Back Hop Hop Forward
Turn Look Stare Stare
Down Ha Down Ha Down Ha Down Ha
Down Clap Slide Slide Slide Stomp And Shoulders Look Left
Down Clap Slide Slide Slide Stomp And Shoulders Look Left

Oh Snap Rock On

Oh Snap 2-3-4-5-6-7-8
Jump Snap 2-3-4-5-6-7-8
Jump Reach Air Guitar To The Right
Tick Tock Tick Tock
Rock On Rock On Rock On Rock On
Grab Pull In Punch Punch Punch Down

Head N' Shoulders

Hold Hold Right Left Head-Head
Shoulders Knees.. And Toes
Hold And Point Hold And Point And Point
Hold And Pose Hold Head-Head
Hold And Hip And Hands
Walk Left Right Left Star Down
Hold 2-3-4 And Pose And Pose
Down 2-3-4 Rise 2-3-Prep

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... Continued: Official Thriller Dance Script

Hip N' Roar

Right Hip Right Hip Right Hip In Out
Left Hip Left Hip In And Roar
Walk Walk Roar-Turn Roar-Turn Roar-Turn
Walk Walk Roar-Turn Roar-Turn
Jump And Land Circle
Shake-It-And-A-Uppa And A Shake-It-And-A-Uppa
Stomp Stomp Stomp Look Left
Walk Left Right Left And Turn

Zombie March

(Forward) Right Left Right Left
(Take-It-Back) Right Left Right Left
(To-The-Front) Right Left Right Left
(Take-It-Back) Right Left Right Left

March Booty Swim *Use Your Right Shoulder

(Forward) *Shoulder Step Nothing Step *Shoulder Step
*Shoulder Step
(Back) *Shoulder Step Nothing Step *Shoulder Step *Shoulder
Step
(Step) Booty Bounce (Together) Booty Bounce
(Step) Booty Bounce (Together) Booty Bounce
Swim Together Swim Jump (Hold)
Swim Together Swim Jump

Shuffle Ha Slide

Shuffle Back Hop Hop Forward
Turn Look Stare Stare
Down Ha Down Ha Down Ha Down Ha
Down Clap Slide Slide Slide Stomp And Shoulders Look Left
Down Clap Slide Slide Slide Stomp And Shoulders Look Left

Wuz Up

(Forward Right Leg) Wuz Up 1-2-3
Left Right 1-2-3
(Take-It-Back) Right Left 1-2-3
Left Right 1-2-3

Zombie March

(Forward) Right Left Right Left
(Take-It-Back) Right Left Right Left
(To-The-Front) Right Left Right Left
(Take-It-Back) Right Left Right Left

Stomp

Stomp 2-3-4-5-6 Look Left
Walk Left Right 3-4-5-6-7-8
Stomp 2-3-4-5-6 Look Left

Walk Left Right 3-4-5-6-7-8 and Scare - **FREEZE IN SCARE
POSE UNTILL LAUGHTER COMPLETLEY ENDS**